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Manfred Pretis / Aleksandra Dimova
Early intervention for children with mentally ill parents

(Frühförderung mit Kindern psychisch kranker Eltern)
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192 pages, 17 illustrations, 10 tables.
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Approximately 600,000 children in the German-speaking world have at least one parent who is mentally ill. This can have grave results for the children: unpredictable reactions, difficult social and financial conditions and lengthy separations can pose obstacles to a secure bonding with the parents and hinder the children’s development. Wouldn’t it be better to intervene while the children are still young, rather than to have to treat them at a later date? The authors illustrate how one can help the children of mentally ill parents in their early years. Using case examples, they illustrate the disorders of the parents and explain how the children experience the illness. They develop practice-oriented suggestions for support using games which help to strengthen the children’s resilience.

Reflective questions help to review one’s own actions as an expert. Using practical hints, the authors open up new paths in transdisciplinary work.
between psychiatry, therapeutic pedagogy, and psychology.

**The authors**

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**Target groups**

Those in early intervention, kindergarten teachers, educationalists, social workers and teachers in child and youth welfare, psychologists, psychotherapists, psychiatrists and paediatricians.