Ullrich-Turner syndrome (UTS): when such a diagnosis is made all at a sudden affected parents, girls and women are confronted with a lot of unanswered questions. Even doctors and medical experts are not always able to give sufficient advice and satisfy all these questions. Ullrich-Turner syndrome is a chromosome abnormality affecting only females. It is caused by the complete or partial deletion or change of the X chromosome. Characteristic physical features of UTS are mainly short stature and the absence of a pubertal growth spurt.

The author herself is affected by UTS. She draws a vivid picture of her daily life and thus allows the reader to look at her personal thoughts and feelings. Besides for a couple of years she has given advice to girls and women with UTS. Among other things in her book she answers the following questions:

- In what way do women with UTS differ from other women?
What are the typical problems of development becoming obvious in the puberty period?

Is it possible for me to lead an independent life in a partnership?

Where can I get advice when I have problems and difficulties?

The author manages in a very sensitive way to encourage other people with UTS. Besides she does away with many prejudices without concealing serious problems that might occur. In addition the book contains basic medical information as well as useful addresses and bibliographical references.

**The author**

Angelika Bock is working as a psychologist and has taken charge of the advisory phone of the German UTS Association. For a couple of years she was chairman of this self-help group.

**Target Groups**

Women with Ullrich-Turner syndrome, parents, carers, doctors, psychologists, psychiatrists, advisory centres.