

# Spring 2015





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Warm regards

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### **Promotion integrated into everyday life at daycare facilities: Games and ideas for every day**

- Promotion of language, mathematics and social-emotional behavior in everyday life at daycare facilities
- With about 60 games and promotional ideas per volume
- Variations of games at three levels of difficulty
- Worksheets and further material online

Successful language acquisition, early encounters with numbers and shapes and the promotion of social-emotional competence are essential requirements for the successful educational process of every child.

Professionals in early childhood education can utilize everyday situations in their work with children from age 3 to 6 to promote these areas of education. The three practice manuals for language promotion, mathematical promotion and promotion of social-emotional competence show how that can be done.

Each offers short and concise basic knowledge on the topic as well as numerous examples and proposals for promotion in different situations.

All three of the practice manuals contain a games compendium that has been compiled systematically according to promotional areas. There are descriptions for variations on three levels of difficulty that enable developmental use. Additional material, like worksheets, are made available online.

#### **The authors**

Prof. Dr. **Tanja Jungmann**, graduate psychologist, teaches early childhood promotion in special needs education and language-oriented disabled education at Rostock university. She has already published the book "Language Education and Promotion in Early Childhood" – in cooperation with Prof. Dr. Timm Albers.

Prof. Dr. **Katja Koch**, special needs education ped., is professor for early childhood special needs developmental promotion at Rostock university.

**Andrea Schulz**, graduate rehab. ped.,  
**Ulrike Morawiak**, graduate speech scient., and  
**Marlene Meindl**, graduate rehab. ped., work as research assistants at Rostock university.

#### **Target Groups**

Educationalists, professionals in early childhood education, elementary school teachers.

Tanja Jungmann / Ulrike Morawiak / Marlene Meindl  
**There is Language in Everything / Überall steckt Sprache drin**  
 Language and Literacy Promotion in Everyday Life  
 for Children between 3 and 6 Years  
 To be published approx. May 2015  
 approx. 154 pp., approx. 19 illustrations, approx. 4 tables.  
 List price: approx. € 19.90  
 (978-3-497-02520-6) pb



### Speech and Literacy Competencies

“There Is Language in Everything” describes the various possibilities of promoting language and literacy in everyday situations at the kindergarten and other places. By means of examples, this practical book provides basic knowledge in the developmental fields of language and literacy as well as of promotion integrated into everyday life.

Katja Koch / Andrea Schulz / Tanja Jungmann  
**There is Maths in Everything / Überall steckt Mathe drin**  
 Mathematical Promotion in Everyday Life  
 for Children between 3 and 6 Years  
 To be published approx. May 2015  
 approx. 155 pages, approx. 36 illustrations.  
 List price: approx. € 19.90  
 (978-3-497-02521-3) pb



### Mathematical Competencies

“There Is Maths in Everything” shows that children’s everyday life at daycare centres is full of patterns, structures, shapes and numbers. Illustrated with plenty of examples, the basics of mathematical core competences and their development between 3 and 6 years are provided in this book in a practically oriented manner.

Katja Koch / Andrea Schulz / Tanja Jungmann  
**There Are Feelings in Everything / Überall stecken Gefühle drin**  
 Promotion of Emotional and Social Competencies in Everyday Life  
 for Children between 3 and 6 Years  
 To be published approx. May 2015  
 approx. 147 pages, approx. 8 illustrations, approx. 3 tables.  
 List price: approx. € 19.90  
 (978-3-497-02522-0) pb



### Social-Emotional Competencies

“There Are Feelings in Everything” points towards the enormous potential of promoting social-emotional competencies in everyday situations at daycare facilities. This book shows how children learn to deal with their own feelings and those of others appropriately, how to stick to social rules, to act independently and to cooperate with others. In addition, the book provides suggestions for professionals for reflecting their work in order to be aware of their own attitude, experiences and the feelings connected with them, influencing everyday behavior at daycare facilities.

**Anna Julia Wittmann**

**Providing Stability to Children with Sexual Abuse Experiences**

Being Sure about Decisions in Educational Everyday Life

**(Kinder mit sexuellen Missbrauchserfahrungen stabilisieren**  
Handlungssicherheit für den pädagogischen Alltag)

To be published approx. March 2015  
approx. 249 pp.

List price: approx. € 29.90  
(978-3-497-02527-5) pb

**Sexualised Violence against Children**

- **Practice-oriented decision-making**
- **For professionals in education**
- **With many case examples and exercises**

In their everyday life, educational professionals also have to deal with children suffering from sexual abuse. This book informs in a practice-oriented manner, how pedagogues can help children between 3 years and the teen age professionally, how to stabilise them and how to support them in coming to terms with what happened to them. It mediates required basic knowledge, presents hands-on methods and approaches and provides suggestions for self-reflection.

Many case examples and exercises lead to an intense professional involvement in this matter in a step-by-step manner, showing ways to provide support.

**The author**

Prof. Dr. **Anna Julia Wittmann**, graduate psychologist, trained in person-centred psychotherapy, has worked at the Wildwasser Magdeburg e.V. information centre with children and women suffering from sexualised violence experiences for several years, and teaches psychology and consulting at the Hochschule für angewandte Wissenschaft und Kunst Hildesheim.

**Target Groups**

Educators, social pedagogues, childhood pedagogues, teachers, members of other psycho-social professions.



**Stefan Schneider**

**Bilingual First Language Acquisition**

**(Bilingualer Erstspracherwerb)**

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To be published approx. March 2015  
approx. 323 pp., approx. 18 illustrations, approx. 4  
tables

List price: approx. € 29.99

UTB-S (978-3-8252-4348-7) pb

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**Growing up Bilingually**

- **Well-founded overview**
- **Also for students without previous linguistic knowledge**



Early childhood bilingualism is no longer a rarity today. But what effects does it have on the acquisition of language?

This book provides a well-founded introduction into bilingual first language acquisition, i.e. the simultaneous acquisition of two languages from birth. Basic concepts and questions are presented here. A special focus is set on language acquisition during the first three years in life. The reader gets a comprehensive overview of the linguistic, developmental-psychological, cognitive and social aspects of bilingual language acquisition.

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**The author**

Prof. Dr. **Stefan Schneider** teaches Romanic linguistics at the Karl-Franzen university in Graz.

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**Target Groups**

Students in the fields of education and linguistics.

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**Klaus Pawlowski**

**You Can Talk!**

A Play and Training Book for Hands-on Rhetoric

**(Du hast gut reden!**

Ein Spiel- und Trainingsbuch zur praktischen Rhetorik)

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To be published approx. May 2015  
approx. 160 pp., approx. 31 illustrations, approx.  
27 tables.

List price: approx. € 16.90  
(978-3-497-02524-4) pb

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**Rhetoric for Fast-Paced Beginners**

- **Handy and true-to-life**
- **Training with nearly 65 rhetoric examples**
- **Trying, training, reaching your goal with fun**



You would like to convince with good points? You manage seminars, have to give speeches often or would like to generally communicate in a more understanding, to the point manner?

In 20 components dealing with topics such as speaking situations, question strategies, giving structure to a speech, articulation, but also fear of speaking, Klaus Pawlowski mediates skills and knowledge of applied rhetoric in a playful and hands-on manner.

You will find plenty of practical exercises for each component, individual or group work that can be taught or used for self-study.

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**The author**

Dr. phil. **Klaus Pawlowski**, academic senior counsellor, retd., used to be head of the work group speech education at Göttingen university, works as a lecturer in the fields of economy, administration and media.

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**Target Groups**

All those who wish to brush up their rhetoric skills and those who teach rhetoric.

**Kirsten von Sydow**

**Systemic Therapy**

**(Systemische Therapie)**

To be published approx. May 2015  
approx. 220 pp.

List price: approx. € 24.90  
(978-3-497-02508-4) pb

**Are We Making Each Other Sick?**

- **Case examples with typical interventions**
- **Many ways of application**
- **Evidence-based**

Systemic therapy deals with the social context of mental disorders. Relationship experiences with parents, partners and other attachment figures have an effect on the development and upkeep of mental disorders. These, in turn, have an influence on family and partnership. Systemic therapy supports clients and their relatives in changing stressful relationship patterns and to further develop existing resources.

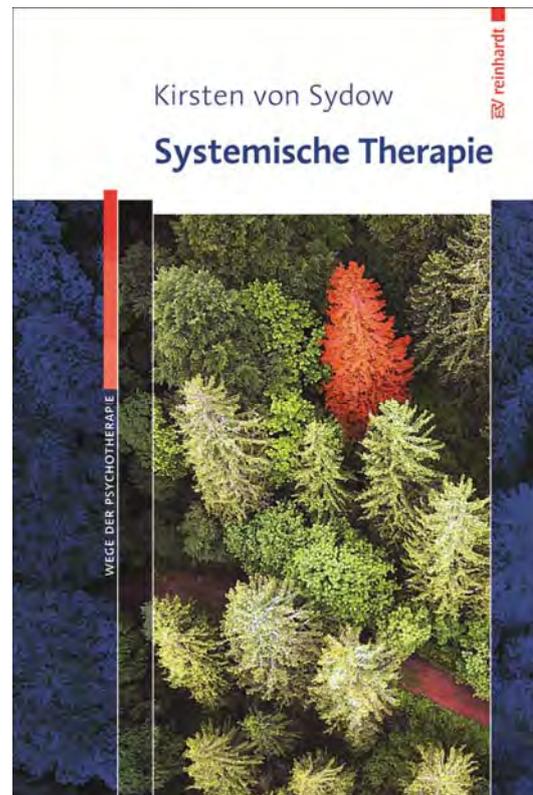
This book provides an overview of theory and evidence of efficiency. It illustrates the therapeutic process and typical interventions such as positive re-interpretation, genogram or family sculpture. It introduces into settings with adults, youngsters, as individual, couple or family therapy, as well as into new approaches of multi-family group therapy and work with complex assistant systems.

#### **The author**

Prof. Dr. phil. **Kirsten von Sydow**, graduate psychologist, psychological psychotherapist and children and adolescent psychotherapist with integrative orientation (depth/systemic), teaches clinical psychology and psychotherapy at the Psychologische Hochschule Berlin and runs her own psycho-therapeutic practice in Hamburg.

#### **Target Groups**

Clinical psychologists, psychological and medical psychotherapists, social workers and other occupations with psycho-social areas of work.



**Karl-Heinz Schäfer**

## **Therapeutic Archery**

### **(Therapeutisches Bogenschießen)**

To be published approx. May 2015  
 approx. 190 pp., approx. 29 illustrations.  
 List price: approx. € 29.90  
 (978-3-497-02512-1) pb

### **Goal-Oriented Calmness**

- **Systematic depiction of therapeutic archery**
- **Many vivid and hands-on examples**

How can we finally manage to leave tormenting thoughts and memories behind? How can we come to terms with ourselves? How can we better express our emotions and open ourselves towards other people?

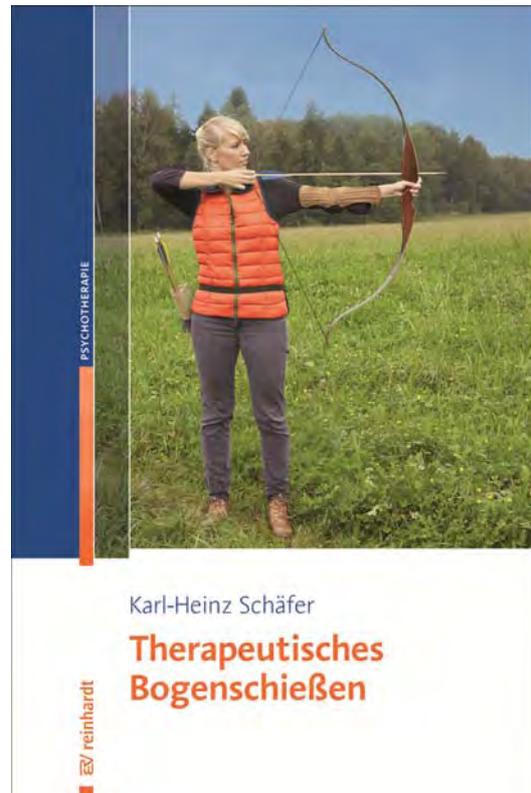
For these and other questions therapeutic archery is a promising medium of psychotherapy. It makes us develop ease of mind and strength. We gain self-esteem and cope with tasks using calm strength and serenity. Therapeutic archery sees itself as part of a comprehensive psychotherapy and can be embedded in various therapeutic approaches. It makes use of the potential of therapeutic relations and communication in order to change overused cognitive patterns. A promising therapeutic option that will stay in the patient's mind as a special memory.

### **The author**

**Karl-Heinz Schäfer**, psychological psychotherapist, Ravensburg, is running his own practice. He manages further education seminars at the Sebastian-Kneipp academy as well as at the seminar centre Wollmarshöhe. His focus is set on psychotherapy (individual and group therapy), hypnotherapy, relaxation methods and therapeutic archery.

### **Target Groups**

Psychological psychotherapists and clinical psychologists, members of other therapeutic professions, social workers as well as archery coaches who wish to work in the fields of therapy.



**Sybille Rockstroh**

**Psychotropic Drugs**

**(Psychopharmaka)**

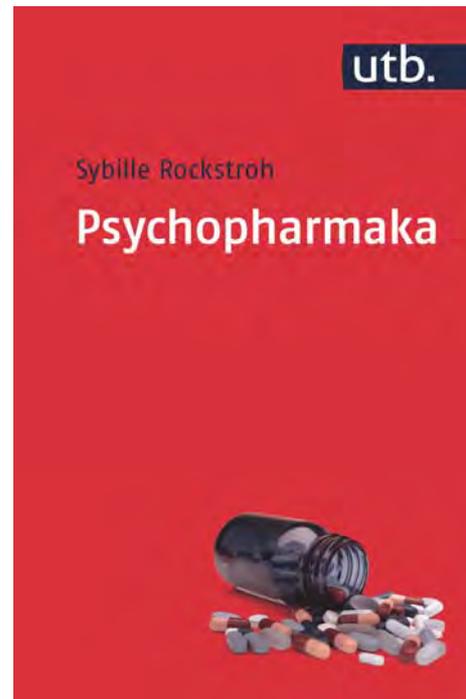
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To be published approx. May 2015  
approx. 130 pp., approx. 30 tables.  
Dual-coloured inner layout.  
List price: approx. € 16.99  
UTB-S (978-3-8463-4346-3) EPUB

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**Psychotropic Drugs – Basics for Non-Pharmacologists**

- **Well-founded and critical**
- **Tailor-made for psycho-social subjects**
- **Tables as learning boards and for looking up terms**



When you study a psycho-social subject or train as a neuropsychologist or psychotherapists, you will need basic knowledge of psychotropic drugs in order to be able to competently and critically classify their effects and benefits.

Providing a concise and clear overview, this book offers the required basic knowledge: It introduces into the terminology and general mechanisms of action. The individual compound classes are analysed in a systematic manner under the following categories: neurotransmitters involved, corresponding mental disorders, classification of agents, critical evaluation of effect and alternative therapies. Many tables can be used as learning boards, but also for looking up terms quickly.

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**The author**

Dr. **Sybille Rockstroh** is assistant lecturer at Freiburg university i.Br. and at the Academy for Applied Psychology Olten/Switzerland.

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**Target Groups**

Students and teachers of the subjects psychology, social work, psychotherapy, neuropsychology, health and care sciences.

**Katharina Lamprecht / Stefan Hammel / Adrian Hürzeler / Martin Niedermann**

**How the Crocodile Learnt to Fly**  
120 Life-Changing Stories

**(Wie das Krokodil zum Fliegen kam**  
120 Geschichten, die das Leben verändern)

To be published approx. March 2015  
approx. 160 pp.  
List price: approx. € 14.90  
(978-3-497-02506-0) pb

**Getting out of the Dead End –  
Learn how to fly!**

- **Stories for all circumstances**
- **For reading, also aloud, and narrating**
- **With comments for reflection**



Fighting elves, unhappy cacti, a sad nymph, a dragon that needs to be tamed, the hole inside a Swiss cheese, a crocodile learning to fly: 120 stories proved and tested in therapeutic work taken from the world of fantasy and everyday life, invite to embark on a journey – and to look at life from a different point of view.

These humorous and optimistic stories will provide people seeking new paths with suggestions how to approach difficult situations differently. Unexpected punch lines will turn their attention towards unnoticed solutions and can help take a different view on worries and stressful situations and to re-evaluate them. These stories deal with various areas of life such as job, spare time, youth and old age, health, sensing, partnership and being on one's own.

### The authors

**Katharina Lamprecht**, Bruchköbel near Frankfurt/Main, is an alternative therapist for psychotherapy, coach and narrator running her own practice.

**Stefan Hammel** works as a Reverend at a hospital and psychiatry, he also is a therapist for children, family and hypnosis as well as an instructor for psychotherapy and is Head of the Institut für Hypnosystemische Beratung in Kaiserslautern.

**Adrian Hürzeler**, Reinach/Switzerland, is a freelance coach and attention instructor running his own practice for personality and leader development.

**Martin Niedermann**, Bern/Switzerland, is a narrator, coach and lecturer performing in various ways with music, songs and stories.

### Target Groups

All those who are seeking changes and solutions as well as professionals in the fields of psychotherapy, consulting and coaching, who wish to enrich their work with stories.

**Astrid McCornell**

**When Chicken and Owl Cross Great Distances**

**(Wenn Huhn und Eule in die Ferne schweifen)**

To be published approx. March 2015  
approx. 100 pp.

List price: approx. € 9.90  
(978-3-497-02507-7) pb

**Going on an Expedition with Chicken and Owl**

- **Focus: Diversity of cultures and customs**
- **With questions on the reader's own biography and activation suggestions**

20 new animal stories to read aloud to people suffering from dementia set the focus on various cultures and their customs: A stork couple talks about their winter residence in Africa in a letter.

Animals from Northern and Southern Europe, with foreign rituals and religions in store, encounter local farmstead inhabitants.

This way a wide variety of customs concerning wedding, birth and death, finding a name for a newborn, as well as festive days and bank holidays, is compiled here. Family togetherness, language barriers and hospitality find their place as well as toothache, summer heat and getting up too late. The humorous and stimulating stories create closeness and understanding, invite to remember based on biography-oriented questions and provide many suggestions for common activities.



**The author**

**Astrid McCornell**, Hamburg, writer and lecturer, has worked as a nurse and care manager for many years, now running her own business since 2013. Her successful book "Chicken and Owl in the Sticks" has been published already.

**Target Groups**

All those who deal with and take care of people suffering from dementia, private or professionally.

**Karin Schels****Think of Yourself, too!**

How care-taking relatives can calmly master everyday life

**(Denk auch an Dich!**

Wie pflegende Angehörige den Alltag gelassen meistern)

To be published approx. May 2015  
approx. 160 pp.

List price: approx. € 16.90  
(978-3-497-02509-1) pb

**Enjoying Life Despite Great Stress**

- **Many relieving everyday tips**
- **Learning again how to realise one's own needs**
- **Attention exercises, sensorial voyages and much more**



When you decide to take care of a beloved person it is advisable to also be understanding and caring with yourself. Cherishing oneself, knowing about one's limits and accepting support, will relieve all those who are involved. It is of great help to turn one's attention to helpful ways to get some relief. Valuable stimuli can be realised in one's own feelings such as in the solidarity of family, friends and professional assistants.

This book contains many suggestions that can also be deployed during a bursting everyday care at home to acquire helpful habits to feel stronger again and to experience well-being. This way everyday life can be characterised by joy of life and gratefulness, despite all the stress.

**The author**

**Karin Schels**, Munich, works as a teacher for care work jobs, business economist in the field of social and health care, recruiter and relaxation pedagogue.

**Target Groups**

All those who take care of a relative at home.

**Caroline Bohn****Power and Shame in Care Work**

Spotting shameful situations and dealing with them sensitively

**(Macht und Scham in der Pflege**

Beschämende Situationen erkennen und sensibel damit umgehen)

To be published approx. March 2015  
approx. 125 pp.

List price: approx. € 19.90  
(978-3-497-02510-7) pb

**Organising Professional Care Sensitively**

- Reflecting questions dealing with sense of shame and care behaviour
- Many case examples from everyday care
- Behaviour strategies for shame sensitive care



Professional care is a highly emotional field to work in. Hardly an occupational group is more required to deal with intimacy and vulnerability in a sensitive manner on a daily basis. Home residents and patients are often unintentionally thrown into shameful situations through care measures, but also through selected demonstrations of power. Caregivers can also be confronted with shameful situations by various people during their professional everyday life.

This book illustrates in a vivid manner how power and embarrassment work in care. It sensitises for dealing with shame limits and one's own power potential. Questions for self-reflection stimulate to think about one's own sense of shame and to re-evaluate everyday care.

A practice-oriented guide for a qualified dealing with shameful situations and appreciative care work.

**The author**

Dr. **Caroline Bohn**, Witten, educational scientist and sociologist, works as an ethic consultant, systemic coach and lecturer in the field of health care.

**Target Groups**

Professional caregivers and managers at facilities for care, geriatric care and at medical institutions.

